

2. Good communication is an essential part of any healthy relationship and miscommunication is an integral part of most unhealthy relationships. What principles about communication can you learn from the following passages?

a. Ecclesiastes 5:1-2.

b. Proverbs 10:19.

c. Proverbs 14:29.

d. Ephesians 4:29.

e. James 1:19.

f. James 3:3-12

3. Do you have a favorite Bible verse on communication that was not shared? If so, share it now.

**Personal reflection and application.**

1. Have everyone go around the circle and share one thing someone else said that spoke to you.
2. Break up into smaller groups of 3-6 and pray for one another (preferably men with men and women with women).

# 2020 VISION

## WISE WORDS FOR A NEW YEAR





SUNDAYS 9:09AM & 11:11AM  
701 W BROADWAY, ANAHEIM CA 92805  
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***"The 3 C's to Win in Relational Conflict"***  
**Pastor Obie and Joyce Obien**

*"When a man's ways please the Lord, he makes even his enemies to be at peace with him."*

Proverbs 16:7

» **The 6 Levels of Communication.**

1. \_\_\_\_\_.
2. \_\_\_\_\_.
3. \_\_\_\_\_.
4. \_\_\_\_\_.
5. \_\_\_\_\_.
6. \_\_\_\_\_.

» **The 3 C's to Win in Relational Conflict.**

1. \_\_\_\_\_, \_\_\_\_\_  
and \_\_\_\_\_.  
| Proverbs 16:7 | Matthew 5:23-25 | 2<sup>nd</sup> Timothy 1:7 |  
| Proverbs 12:18 | Proverbs 18:21 | Proverbs 15:1 |
2. \_\_\_\_\_ and \_\_\_\_\_.  
| Proverbs 18:2 | Proverbs 18:13 | Proverbs 15:28 |
3. \_\_\_\_\_ toward \_\_\_\_\_.  
| Romans 12:16 | Ephesians 5:17-33 |

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**SMALL GROUP QUESTIONS || WEEK THREE**

**What do you think?**

1. From Sunday's message, what particular point caught your attention, challenged you, stood out to you, or raised a question for you?
2. What do you think makes for good communication?

**The story of your life.**

1. Pastor Obie and Joyce talked about the "3 C's to win in relational conflict" this last Sunday at City Church. The second point talked about the importance of communicating and understanding both facts and feelings. All of us care about both facts and feelings but most of us tend to be better at understanding one or the other. Which of the two is easier for you to wrap your head around? Which is more challenging? Explain.
2. Who in your life makes you feel the most heard and understood? Explain.

**Digging deeper.**

1. Healthy communication is a form of love. One of the unspoken essentials of love is putting the needs of others before ourselves. Read Mark 14:1-9 and John 13:1-5 and answer the following questions.
  - a. Why do you think these people were willing to set aside some of their own wants or needs and help others?
  - b. What did it cost them to put their love into action?
  - c. What might it cost someone to follow their example?

**CONTINUED** ➔