

2. The Bible has a lot to say about the human heart. What insights do the following verses provide into how God views our hearts and how we should view our own hearts?

- a. 1st Samuel 16:7.
- b. 2nd Chronicles 16:9.
- c. Psalm 19:4.
- d. Psalm 37:4.
- e. Psalm 51:10.
- f. Psalm 147:3.
- g. Jeremiah 17:9-10.
- h. Jeremiah 29:13.
- i. Joel 2:12-14.
- j. Matthew 6:21.
- k. Romans 5:5.
- l. 1st Peter 3:3-4.
- m. Which verse was most poignant to you during this study?

Personal reflection and application.

- 1. Have everyone share one thing someone else said that stood out to them from this discussion.
- 2. Break up into smaller groups of 3-6 and pray for one another (preferably men with men and women with women).

2020 VISION

WISE WORDS FOR A NEW YEAR





SUNDAYS 9:09AM & 11:11AM
701 W BROADWAY, ANAHEIM CA 92805
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“Guard your heart above all else, for it determines the course of your life”
Pastor Kyle Bonenberger

» We naturally _____ that which we

_____.

| Proverbs 4:23 |

» **Heart Management 101.**

| Proverbs 4:24-27, 19:15 | Matthew 12:34 | 2nd Thessalonians 3:1-15 |

– Be mindful of what I _____ myself to

_____.

– Find good _____ that fill the heart with the _____ things.

– Keep in mind: the people I share my _____ with are the ones I allow to _____ into my heart.

– Keep your head ____ and your eyes looking _____.

SMALL GROUP QUESTIONS || WEEK ONE

Getting to know each other.

Welcome to your first night of Small Groups. We'll take the first bit to focus on getting to know each other. Have everyone share their name, something about themselves, and how they started coming to City Church.

The "Top 10" and the snack plan.

1. Read through the "Top 10" guidelines as a group so everyone is on the same page.
2. Pass around your "snack schedule" so the leaders aren't left with all the burden of providing group goodies.

What do you think?

From last Sunday's message, what particular point challenged you, stood out to you, or raised a question for you?

The story of your life.

1. What do you find yourself most protective of? Explain.
2. Pastor Kyle talked about "guarding your heart" last Sunday from Proverbs 4:23. How would you explain that concept to someone else? Given your answer, what percentage of the time would you say you effectively guard your heart?

Digging deeper.

1. Turn to Mark 7:1-23. In this story, Jesus is interacting with the Pharisees about what truly defiles a person. Jewish law had strict guidelines about hand washing (and many other things) but the Pharisees seemed to repeatedly miss the heart behind the law. Read the text and answer the following questions.
 - a. Have a few members of the group recount the story using their own words.
 - b. What does this story tell us about God/people/you?

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