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a. In what ways do we see the connection between the strength and the sorrow of Jesus in this text?

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b. What does this passage say about God/others/you?

- 3. Though none of us wants to go through sorrow, God promises to turn our sorrows into His joy. What insights do the following verses offer us into how that process unfolds?
  - a. Psalm 37:25.

b. Psalm 73:25-26.

c. Isaiah 26:3.

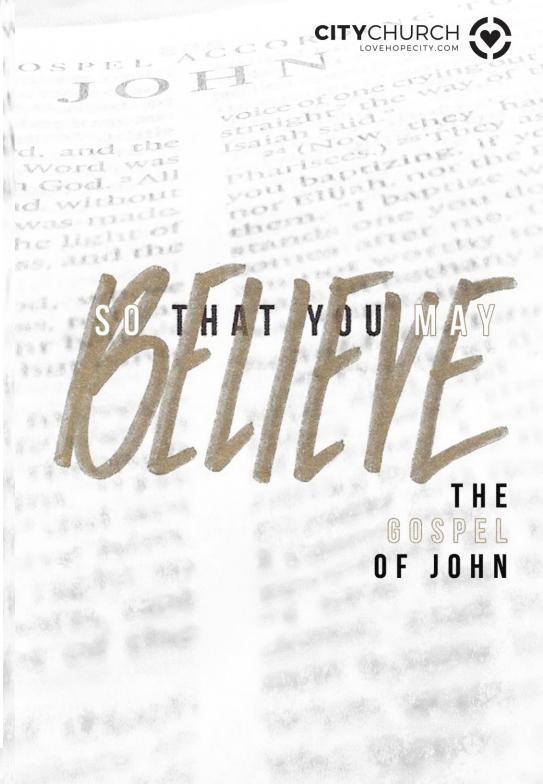
d. Romans 9:16.

e. 2<sup>nd</sup> Corinthians 1:9-10.

f. In light of all this, is there anything you need to do differently?

#### Personal reflection and application.

- 1. Go around the circle and have everyone share one thing someone else said that stood out to them.
- 2. Break up into smaller groups and pray for one another (preferably men with men and women with women).





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#### SUNDAYS 9:09AM & 11:11AM 701 W BROADWAY, ANAHEIM CA 92805 714.795.3945

#### "Your Sorrow Will Turn Into Joy" Pastor Kyle Bonenberger

- » The bad and good news about sorrow for the believer.
  - THE BAD NEWS.

God \_\_\_\_\_\_ it: Every <del>Christian</del> person will go through

| John 16:1-6, 33 | Psalm 73:26 | Romans 8:28 | Philippians 3:20 | | Hebrews 13:14 | 1<sup>st</sup> Peter 2:11 |

### - THE GOOD NEWS.

We're never \_\_\_\_\_\_ in it: God gives us the greatest coping mechanism ever, the \_\_\_\_\_. | John 16:7 |

» A few keys to understanding how the Holy Spirit turns our sorrows into joy.

| John 16:8-24 | Psalm 34:18, 147:3 | Isaiah 26:3 | Matthew 5:4 | | Revelation 21:4 |

- The Holy Spirit turns our sorrows into joys by \_\_\_\_\_ us of \_\_\_\_.
- The Holy Spirit turns our sorrows into joys by guiding us into the \_\_\_\_\_.
- The Holy Spirit turns our sorrows into joys by helping us \_\_\_\_\_ God in the \_\_\_\_\_ of it.

# » Human sorrow in the hands of God gives birth to divine

| Nehemiah 8:10 | Psalm 28:8 | Isaiah 40:31 | Philippians 4:13 |

# SMALL GROUP QUESTIONS // WEEK TEN

#### REMINDER

51

Small groups will not be meeting the week of November 24<sup>th</sup> due to the Thanksgiving holiday. Take a few minutes to plan a service project for the week of December 1<sup>st</sup> and a celebration with your Small Group for the week of December 8<sup>th</sup>.

### What do you think?

From Sunday's message, what particular point stood out to you, challenged you, or raised a question for you?

# The story of your life.

Tell about a time when you went through a deep sorrow. If the wound is fresh, the following questions might be challenging or perhaps even impossible at the moment. That being said, if it's been a while, how did you sense the Lord at work in you during that time? Finally, how has your perception of that situation changed as you reflect back?

# Digging deeper.

- 1. On Sunday, Pastor Kyle talked about sorrow. As a group, re-read John 16, and answer the following question.
  - a. What does this passage say about God/others/you?
- 2. Pastor Kyle talked about how human sorrow in the hands of God gives birth to divine strength. At the Cross, we see both the strength and the sorrow of Jesus. As a group, turn to and read all of Isaiah 53 together and answer the following questions.

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